



START LIST

400m Women - Round 1

First 3 of each heat (Q) plus 6 fastest times (q) qualify to Semi-Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World U20 Record WU20R	49.42	Grit BREUER	GER 19	Tokyo (JPN)	27 Aug 1991
Championships Record CR	50.50	Ashley SPENCER	USA 19	Barcelona (ESP)	13 Jul 2012
World U20 Leading WU20L	50.83	Skyler FRANKLIN	USA 19	Lexington, KY (USA)	30 May 2026

Heat 1

7

6 August 2026 12:53 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	445	ZHOU Wenyu	CHN 26 Feb 07	53.59	53.59
3	967	Manca MARČELJA	SLO 19 Jan 08	54.35	54.35
4	385	Isadora JUSTINIANA	BRA 17 Jun 08	55.08	55.08
5	415	Sasha SALWONCHUK	CAN 14 Apr 07	53.91	53.91
6	960	De'Cheynelle THOMAS	SKN 12 May 09	54.73	54.73
7	901	Anastazja KUŚ	POL 11 May 07	51.64	51.64
8	325	Shari HURDMAN	AUS 28 Feb 07	52.94	52.94
9	622	Luna FISCHER	GER 30 Mar 07	53.15	53.15

Heat 2

7

6 August 2026 13:00 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	868	Lilje PATEY	NOR 15 Feb 07	53.67	54.05
3	999	Joelle HAUSAMMANN	SUI 15 Feb 07	54.19	54.19
4	769	Shameika MCLEAN	JAM 19 Feb 10	52.22	52.22
5	687	Nerina PÁPAI	HUN 2 Apr 08	54.99	54.99
6	1030	Lenka GYMERSKÁ	SVK 3 Jul 07	52.59	52.59
7	924	Dianelis RIVERA	PUR 5 May 07	54.80	54.80
8	726	Matilde ABELLI	ITA 24 Nov 08	53.28	53.28
9	499	Génesis Nicole CAÑOLA	ECU 17 Jul 07	53.43	53.43

Heat 3

7

6 August 2026 13:07 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	1026	Lucia BORTLÍKOVÁ	SVK 9 May 08	54.63	54.63
2	882	Madeleine WADDELL	NZL 20 Oct 07	52.62	53.71
3	1126	Ataja STEPHANIE-VAZQUEZ	USA 25 May 08	51.08	51.08
4	886	Isabel QUIROZ	PER 27 Jan 09	55.19	55.19
5	804	CHOI Ji-woo	KOR 2 Feb 09	55.18	55.18
6	986	Teodora POPOVIĆ	SRB 7 Jun 09	54.56	54.56
7	303	Kettia AMBROSE	ANT 18 Jan 07	53.12	53.12
8	597	Casey MUSGRAVE	GBR 11 Jul 07	52.99	52.99
9	740	Laura FRATTAROLI	ITA 21 May 08	53.71	53.77 i

Heat 4

7

6 August 2026 13:14 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	653	Aishatu JAFFAR	GHA 30 Jan 10	55.03	55.03
3	451	Sara Manuela CUESTA	COL 22 Jul 08	53.92	53.92
4	501	Daniela Astrid CASTRO	ECU 13 Sep 09	54.41	54.41
5	671	Tianna SPRINGER	GUY 24 Sep 07	51.69	51.69
6	858	Jecinta LAWRENCE	NGR 2 Dec 10	53.17	53.17
7	969	Maša MEDJIMUREC	SLO 16 Jun 07	52.76	52.76
8	636	Eni KUSKE	GER 29 Jul 07	53.44	53.44
9	792	Sofya KIDENKO	KAZ 18 Jan 07	54.75	54.75

START LIST

400m Women - Round 1

Heat 5

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6 August 2026 13:21 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	351	Keyezra THOMAS	BAH 5 Jan 10	52.58	52.58
3	324	Alice HILL	AUS 26 Jun 09	53.34	53.34
4	959	Kaliyah JONES	SKN 25 Jan 07	54.89	54.89
5	1053	Kayla CHARLES	TTO 9 May 07	54.94	54.94
6	942	Christi LOGGENBERG	RSA 9 Jan 09	52.33	52.33
7	1133	Tyhra CHARLES	VIN 7 Jun 07	53.30	53.30
8	453	Isabella HURTADO	COL 29 Jul 07	54.14	54.14
9	872	Mia DE JAGER	NZL 14 Oct 07	54.07	54.07

Heat 6

7

6 August 2026 13:28 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
2	401	Charlotte BOSMA	CAN 19 Mar 07	53.44	53.44
3	759	Daniellia DIXON	JAM 5 Jan 10	52.64	52.64
4	357	Kadia ROCK	BAR 26 Oct 07	51.92	51.92
5	832	Kenya MATURANA	MEX 21 Jan 08	53.42	53.95
6	685	Szonja KESZTHELYI	HUN 23 Jul 08	54.76	54.76
7	953	Davida STRONG	RSA 2 Jun 08	53.17	53.17
8	349	Alexis ROBERTS	BAH 31 Jan 08	54.24	54.24
9	382	Hemily DE JESUS	BRA 5 Mar 07	55.00	55.00

Heat 7

7

6 August 2026 13:35 START TIME

LANE	BIB	NAME	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	831	Alisson Judith MARTINEZ	MEX 13 Jun 08	53.70	53.70
2	1079	Clara ADAMS	USA 10 Nov 08	51.61	51.61
3	1056	Kyah HYSOON	TTO 20 Dec 09	55.17	55.17
4	566	Shade LAPORAL	FRA 7 Dec 07	52.98	52.98
5	674	Annette MCGRATH	HAI 20 Jan 09	54.51	54.51
6	856	Faith EZECHUKWU	NGR 29 Jan 10	53.12	53.12
7	346	Ilaha GULIYEVA	AZE 6 Apr 07	54.64	54.64
8	803	Judith SINTILA	KEN 22 Mar 10	53.88	53.88
9	458	Silvanilda Carina DELGADO GOMES	CPV 29 Apr 08		

i = Indoor performance

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
49.22	Christine MBOMA (NAM)	Windhoek (NAM)	17 Apr 21
49.42	Grit BREUER (GER)	Tokyo (JPN)	27 Aug 91
49.53	Beatrice MASILINGI (NAM)	Lusaka (ZAM)	11 Apr 21
49.57	Athing MU-NIKOLAYEV (USA)	Eugene, OR (USA)	12 Jun 21
49.77	Christina LATHAN (GDR)	Dresden (GER)	9 May 76
49.88	Salwa Eid NASER (BRN)	Bruxelles (BEL)	1 Sep 17
49.89	Sanya RICHARDS-ROSS (USA)	Sacramento, CA (USA)	17 Jul 04
50.01	JING Li (CHN)	Shanghai (CHN)	18 Oct 97
50.07	Sydney MCLAUGHLIN-LEVRONE (USA)	sville, FL (USA)	30 Mar 18
50.19	Marita KOCH (GDR)	Berlin (GER)	10 Jul 76

2026 TOP LIST

RESULT	NAME	VENUE	2026
50.83	Skyler FRANKLIN (USA)	Lexington, KY (USA)	30 May
51.08	Ataja STEPHANIE-VAZQUEZ (USA)	Eugene, OR (USA)	19 Jun
51.24	Chioma NWACHUKWU (NGR)	Gainesville, FL (USA)	18 Apr
51.24	Elise COOPER (USA)	Austin, TX (USA)	1 May
51.37	Ajayebe ALIYE (ETH)	Accra (GHA)	13 May
51.47	Kennedi BURKS (USA)	Lexington, KY (USA)	30 May
51.54	Tyra COX (USA)	Gainesville, FL (USA)	18 Apr
51.58	Camryn DAILEY (USA)	Baltimore, MD (USA)	2 May
51.58	De'Kayla SIMPSON (USA)	Lexington, KY (USA)	28 May
51.61	Kaddel HOWARD (USA)	Baltimore, MD (USA)	2 May
51.61	Clara ADAMS (USA)	Eugene, OR (USA)	19 Jun